

Schedule for CAHC programme of SOHS - Academic counseling

Jan 2024 session

TIME: 10AM TO 12 NOON

| S. No | Topic | Link of Recorded session / Name of Academic Counselor | Date and Time For 2 hours | Online Link for Theory class /Video Class |
|----------|--|--|---------------------------|--|
| 1 | TC-1 BLK-1 Unit – 1 Introduction to Adolescence and Unit – 2 Needs and Concerns of Adolescents | https://mail.google.com/mail/u/1/#inbox/FMfcgzGxStqZFcWHcFSfKVJs gLNJrgbb?projector=1 | 08/05/2024 | https://mail.google.com/mail/u/1/#inbox/FMfcgzGxStqZFcWHcFSfKVJs gLNJrgbb?projector=1 (Video Link) |
| 2 | TC-1 BLK-2 Unit – 1 Physical Changes in Boys and Girls Unit – 2 Cognitive Changes Unit – 3 Emotional and Psychosocial Changes | https://drive.google.com/file/d/1bCMs11Dlo2TKvbJFLgIsh8lxnQ6S4GFV/view?usp=drive_link https://drive.google.com/file/d/13bztW5DctSEydcImR5X6hDqWCGgaguw3/view?usp=drive_link | 09/05/2024 | https://drive.google.com/file/d/1bCMs11Dlo2TKvbJFLgIsh8lxnQ6S4GFV/view?usp=drive_link https://drive.google.com/file/d/13bztW5DctSEydcImR5X6hDqWCGgaguw3/view?usp=drive_link (Video Link) |
| 3 | TC-1 BLK-4 Unit – 1 Sex and Sexuality Unit – 2 Gender | <ul style="list-style-type: none"> • Doubt clarification for theory course – 1, Block 1, 2 & 3 in first half an hour • Unit 1 & 2 of theory course 1 Block 4 <p style="text-align: center;">Name of Academic counselor – Mrs Savitri</p> | 10/05/2024 | https://meet.google.com/eyz-cgtg-pdu |
| 4 | TC-2 BLK-1 Unit – 1 Health and Hygiene (Including Menstrual Hygiene) | https://drive.google.com/file/d/1dNDQRmvVNYcOAI0FrNbvThy1pwbCPP6Y/view?usp=drive_link | 11/05/2024 | https://drive.google.com/file/d/1dNDQRmvVNYcOAI0FrNbvThy1pwbCPP6Y/view?usp=drive_link (Video Link) |
| 5 | TC-2 BLK-1 Unit – 2 Nutrition | <ul style="list-style-type: none"> • Doubt clarification for theory course – 2, Block 1, Unit 1, 2 & 3 in first half an hour • Unit 1 & 2 theory course 2 | 13/05/2024 | https://meet.google.com/eyz-cgtg-pdu |

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| | | block 1 Name of Academic counselor – Mrs Savitri | | |
| 6 | TC-2 BLK-1 Unit – 3 Substance Abuse | Name of Academic counselor – Mrs Savitri | 14/05/2024 | https://meet.google.com/eyz-cgtg-pdu |
| 7 | TC-2 BLK-2 Unit – 1 Adjustment and Conduct | https://drive.google.com/file/d/1bnhMNakvetvJ8hpxzCwdT6X6QtMFDX9m/view | 15/05/2024 | https://drive.google.com/file/d/1bnhMNakvetvJ8hpxzCwdT6X6QtMFDX9m/view (Video Link) |
| 8 | TC-2 BLK-2 Unit – 2 Peer Influence | https://drive.google.com/file/d/1nABQnofO3nrManHzGmElolZ80nKrna1c/view | 16/05/2024 | https://drive.google.com/file/d/1nABQnofO3nrManHzGmElolZ80nKrna1c/view (Video Link) |
| 9 | TC-2 BLK-2 Unit – 3 Stress | https://drive.google.com/file/d/141_TZxfri2DLM5JHO7QowZTBpcom6Mgh/view | 17/05/2024 | https://drive.google.com/file/d/141_TZxfri2DLM5JHO7QowZTBpcom6Mgh/view (Video Link) |
| 10 | TC-2 BLK-2 Unit – 4 Depression and Suicide | https://drive.google.com/file/d/1KyWvC7Dkll_K0jhJxu5X9pWFT1v4xE9U/view | 18/05/2024 | https://drive.google.com/file/d/1KyWvC7Dkll_K0jhJxu5X9pWFT1v4xE9U/view (Video Link) |
| 11 | TC-2 BLK-2 Unit – 5 Media Influence | https://drive.google.com/file/d/1NhEQKIMnoDvTnpaovti-me0rc5Klw1UK/view | 20/05/2024 | https://drive.google.com/file/d/1NhEQKIMnoDvTnpaovti-me0rc5Klw1UK/view (Video Link) |
| 12 | TC-2 BLK-3 Unit – 1 RTI/STI And HIV & AIDS Unit – 2 Sexual Harassment | Name of Academic counselor – Dr Satish B Nadagaddi | 21/05/2024 | https://meet.google.com/eyz-cgtg-pdu |

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| | /violence | | | |
| 13 | TC-2 BLK-3 Unit - 3 Early marriage & Teenage pregnancy | https://drive.google.com/file/d/1LZAfCi8l9X2MmT6YPmOtJBcvBJ9vQaLG/view | 22/05/2024 | https://drive.google.com/file/d/1LZAfCi8l9X2MmT6YPmOtJBcvBJ9vQaLG/view (Video Link) |
| 14 | TC-2 BLK-4 Unit – 1 Life Skills (Personality development) | Name of Academic counselor – Mr Sudir Bhali | 23/05/2024 | https://meet.google.com/eyz-cgtg-pdu |
| 15 | TC-2 BLK-4 Unit - 2 Communicating with Adolescents | Name of Academic counselor – Mr Sudir Bhali | 24/05/2024 | https://meet.google.com/eyz-cgtg-pdu |
| 16 | TC-2 BLK-4 Unit – 3 Guidance and Counselling | Name of Academic counselor – Mr Sudir Bhali | 25/05/2024 | https://meet.google.com/eyz-cgtg-pdu |
| 17 | TC-2 BLK-4 Unit – 4 Counselling strategies and skills | Name of Academic counselor – Mr Pritvi Parnakar | 27/05/2024 | https://meet.google.com/eyz-cgtg-pdu |
| 18 | TC-2 BLK-4 Unit – 5 Scholastic Issues (Career Plan) | Name of Academic counselor – Mr Pritvi Parnakar | 28/05/2024 | https://meet.google.com/eyz-cgtg-pdu |